

FLOYD COUNTY

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FLOYD COUNTY 4-H NEWSLETTER

Fall/Winter 2017

Don't Forget!!!

- September club and school enrichment sign ups
- Cards to the Troops Oct./Nov.
- Project Selection November
- Member Forms due by December

4-H Teen Conference



In keeping with the theme, "Clover Wars." 9-12th grade 4-H Youth Development members attended Teen Conference June 12th through 15th on the University of Kentucky campus. To accommodate teenagers' active, busy schedules, the conference is held over a four-day format instead of five days. The four days was packed full of exciting events and activities. Floyd County had five teens to participate this year. They were Zach Akers, Caleb Slone, Austin Tackett, Emma Stamper and Julia Lemaster. Plus one adult volunteer, Stephanie Stamper.

During the conference, 4-H members have the opportunity to experience dorm life in UK residence halls, attend educational and recreational workshops and meet new friends from across the state. The conference kicked off Monday with a chance to meet the 4-H members who are candidates campaigning for a State 4-H Office.

Each night features a program highlighting 4-H involvement. A mainstay event at Teen Conference is the Fashion Revue. Youths who have completed a fashion project and won at their district shows work all week preparing for 4-H Fashion Revue on Wednesday night. During the revue, a number of music and

variety acts showcased 4-H talent. The election of state 4-H officers also takes place on Wednesday. 4-Hers attending Teen Conference voted for representatives for the 2017 season.

Throughout the week, 4-Hers develop leadership and citizenship skills, become acquainted with the land grant university and meet new people. The Kentucky 4-H Teen Conference is planned by the Kentucky State 4-H Teen Council, the state 4-H office and county extension agents. Floyd County's own Austin Tackett was chosen to be a member of the 17-18 4-H Performing Arts Troupe.



The University of Kentucky and The Floyd County Cooperative Extension Service offers a great deal of educational programs. If you as a leader are interested in finding out more information about the various programs we offer here, please read page 6 of this newsletter.

Sincerely,

Heather J. Coleman

4-H Youth Development



FLOYD CO. YOUTH EXCEL AT THE 2017 KY STATE FAIR



Floyd County Youth had the opportunity to let their talent shine by participating in 4-H Project work. Four-H projects are a perfect example of putting to work the “learn by doing” concept that is at the foundation of our Kentucky 4-H Youth Development Program. Project work helps members to develop inquiring minds and an eagerness to learn, as well as build on practical living skills. Youth are eager to participate and learn because project work is both educational and fun. Project work experiences enable youth to develop and improve such life skills as time management, teamwork, and communications. These experiences help 4-Hers develop life skills including mastering technology, leadership and career exploration that are helpful throughout their lives. Floyd County youth had the opportunity to choose from over 100 projects this school year. Projects ranging from woodworking, cooking, sewing, electricity, geology, speech and many, many more. Once the projects were completed the members had the opportunity to enter their project at the school 4-H Project Day. This year over 900 4-H projects were turned in during the school 4-H Project Days. As you can see, we had an outstanding turn out of projects this year. If the members won a blue ribbon they had the opportunity to participate in the County 4-H Project Day which was held in April at the Floyd County Extension Office, where the winners received a purple champion ribbon, a medal and a \$20.00 scholarship toward 4-H camp. If they were a county champion in most cases they had the opportunity to send their project to the Kentucky State Fair.

Adams Middle

Nadaleigh Lester, Art Red Ribbon
Molly Boyd, Knitting Green Ribbon
Brycen Shepherd, Wood Science Blue Ribbon,
Class Champion, Reserve Champion
Kassidy Blackburn, Terrarium Red Ribbon
Madison Shepherd, Photography Blue Ribbon,
Green Ribbon

Allen Elementary

Ruthie Dillion, Food Red Ribbon
Allison Parker, Sewing Blue Ribbon
Matthew Elliott, Geology Blue Ribbon Class
Champion
Gracie Rogers, Photography Blue Ribbon

Allen Central Middle

Andrew Martin, Desert Dish Garden Red Ribbon
Karli Rose, Photography Blue Ribbon

Betsy Layne Elementary

Sophia Moe, Photography Blue Ribbon
Class Champion
Kyle Sturgill, Photography Blue Ribbon
Danielle Akers, Photography Blue Ribbon

Duff Elementary

Todd Prate, Photography Blue Ribbon Class
Champion

East Ky Homeschool

Julia Frasure, Photography Blue Ribbon, Green
Ribbon

John M. Stumbo Elementary

Donnie Hamilton, Wood Science Blue Ribbon
Class Champion

May Valley Elementary

Audrey Bays, Food Red Ribbon
Kristian Goodman, Home Environment Blue
Ribbon
Taylor Ison, Electricity White Ribbon

State Fair Winners Continued.....

Osborne Elementary

Logan Chaffins, Entomology Red Ribbon

Prestonsburg Elementary

Celina Johnson, Art White Ribbon

Cooper Harris, Home Environment Red Ribbon

Kaylee Jude, Wood Science Red Ribbon

Lainie Prater, Wood Science Blue Ribbon

Laken Shepherd, Wood Science Blue Ribbon

Westin Harris, Wood Science Blue Ribbon

Class Champion

Brady Allen, Photography Blue Ribbon

Wesley Christian

Emily Bryant, Sewing Red Ribbon

Teen Council

Matt Tackett Food Red Ribbon, 2 White Ribbons

Crochet, Blue Ribbon



4-H Makes a Difference



The Floyd County 4-H Council and the Floyd County Extension Council supports our programming efforts in reaching youth from the ages of Preschool thru 12th grade. One of our most recent success story is that of Alex Meade, who began his journey with 4-H in the 4th grade. He was a club member, attended camp as a camper, transitioned into a teen council member and camp counselor. He also served as President of the 4-H Teen Council his senior year. Along the way, he had 4-H projects go to the fair, attended Teen Conference and participated with the 4-H Performing Arts Troupe. This past summer Alex served as an Adult Counselor at overnight camp. Because of all of his successes in 4-H he was awarded the Jack Friar Memorial Scholarship for 2016. When asked about his experience Alex had this to say. “4-H has been one of the single most important character building programs in my life. Everyone that I have ever been around in 4-H has always been positive and supporting! Because of 4-H I have become a very welcoming, positive, and supporting individual. 4-H is more than a confidence booster. It is such a great influence on the youth of today and for the youth to come. I really appreciate everything that 4-H has done to and for me through the years. I know that through the rest of my life 4-H will continue to be a part of me and I know that I will always take the lessons that I have learned to new levels and I will continue to expand on the things I have learned. Thank you, Floyd County 4-H for making me who I am today. Without 4-H, my life would definitely not have as much meaning or purpose.”

4-H Intern Comes to the Farmers Market



For the past five years the Floyd County CEC and District Board has supported the UK Cooperative Extension Summer Intern Program. This program provides students with the unique opportunity of making a difference in the community as well as observing and experiencing all the responsibilities of a full-time Extension professional. This summer we had the opportunity to have a 4-H Intern, Brandi Blackburn. For her summer project she decided to educate the youth in Floyd County about livestock. She hosted a "Little Farmers Petting Zoo" at our local Farmers Market in June. During the event we had a small petting zoo and taught the children about the individual animals and how to care for them. They also got to plant a flower to take home. 91 youth and 60 adults participated the event. According to the Farmer' market chairperson, it was the "second largest" day as far as money made up to that

point. "This summer has been an amazing learning experience for me! I have learned the ins and outs of 4-H and parts of ANR Extension, which is what I was hoping to do. I have worked with children of all ages and stepped outside of my comfort zone to grow as a leader. Thank you 4-H and thank you UK Cooperative Extension!! I can't wait to see how this will shape my future! I now don't have a doubt in my mind! This summer has been full of new experiences for me. I was new to the 4-H world starting out, but now, I would love to be a 4-H agent!"

Extension Partners with 21st Century Program

According to data from a 2000 US Census study, at least 7 million and as many as 15 million latch-key children return to an empty house on any given afternoon. If that's not frightening enough, then consider that youths who are alone and do not participate in after-school programs are at greater risk of violent crime, substance abuse, antisocial behavior, poor academic performance and dropping out of school. With this in mind, Floyd County 4-H partnered with South Floyd Middle School's 21st Century director to bring Extension programs to middle school youth in an after school setting. 4-H programming included lessons in the history of our flag and flag etiquette, physics zoo, cultural diversity, and leadership. Students gained knowledge in these areas from hands on and interactive lessons. Giving middle school youth the opportunity to have a safe place to learn, to play and to succeed is what we strive to do in our programs. With success measured by a marked increase in participation, beginning with 15 then increasing to the largest meeting where approximately 35 were in attendance at a single program. We hope to continue our partnership in the next school year to provide programs for our youth.

Project Work



The Floyd county 4-H Adult Council supports the 4-H Project component of the 4-H Youth Development Program. Floyd County youth have the opportunity to let their talent shine by participating in 4-H Project Work. The Floyd County 4-H Program encourages young people to work with their family and friends when working on their 4-H Project. 4-H projects are a perfect example of putting to work the "learn by doing" concept that is the foundation of Kentucky 4-H/Youth Development. Project work helps club members to develop inquiring minds and a want to learn, as well as build on their life skills. Youth are eager to participate in project work because it is both educational and fun.

4-H project work experiences enable youth to develop and improve life skills such as, time management, communication, and teamwork. Floyd County youth had the opportunity to choose from over 50 projects this school year. Projects ranging from woodworking, cooking, sewing, electricity, geology, speech and many, many more. Each school held their own school project day where winners were chosen to compete at the county level. School wide we had a record breaking number for 2017. We had 974 school wide projects. We had 11 schools out of 16 participate, plus teens from our teen council.

4-H Camp 2017



STEM Day Camps

Day camps this summer were held at Betsy Layne Elementary, John M. Stumbo Elementary, Allen Elementary, Duff/ACMS, Dixie Housing, Cliffside Housing, Highland Heights Housing, Prestonsburg Elementary, Home School and South Floyd Elementary. Campers had the opportunity to learn about circuit boards and coding with pro-bots, healthy snacks, and learn new ways to stay active. A BIG THANK YOU goes out to all the FRYSC's, Housing and the schools who hosted us. I would also like to Thank Brandi Blackburn (4-H Summer Intern), 4-H Teen Volunteers, Job Corp and Amanda Tackett (4-H Program Assistant) for helping at all the day camps. I couldn't have done it without you.



Teen Leadership Academy



Over the past 11 years Floyd County has had a very active 4-H Teen Council at the county and state level, but in order to address the need for more youth leadership at the district level, Floyd County joined with Magoffin, Rowan and Morgan counties who had already formed to conduct a Teen Leadership Academy in our area.

Through an application process a total of 23 youth were selected for the 2016-2017 class. Floyd County had three 8th grade youth participate. The Academy sessions met one day each month with a different focus which covered topics such as teambuilding, Community Service & Volunteerism, Performing Arts, Media, Public Service, Careers, and City & Local Government. The initial meeting was a focus on teambuilding and communication skills. At the conclusion of the program each participant noted they had a higher

understanding of citizenship, volunteerism, leadership, and team building. One young man stated, that he highly enjoyed the program. "I learned a lot about different careers that I had not thought about. I enjoyed meeting new teens from other counties and being able to see what other counties do in 4-H."

Agriculture and Natural Resources

The Floyd County Cooperative Extension Agriculture and Natural Resource program provides education, training and technical assistance to individuals and businesses concerned with profitable agriculture. Our educational programs include information on food and fiber production, farm business management, marketing and processing agricultural products, natural resource management and home lawn and garden information. Extension is the major provider of research-based information and education for agricultural producers, agri-business, retailers, consumers, and homeowners. Special programs include beekeeping, master gardener program, pruning demonstrations, pesticide applicator trainings, and soil sampling. For more information contact Keith Hackworth

Extension Agent for Agriculture and Natural Resources at khackwor@uky.edu

Family and Consumer Science

Strengthening the family through research-based education has long been a goal of the University of Kentucky Cooperative Extension Service Family and Consumer Sciences program. We have helped families invest in their future by helping them develop the competency to choose nutritious foods, manage resources, provide quality care for children and dependent elderly and become community leaders. Some of the activities offered by the Floyd County Family and Consumer Science Program are: Basic Life Skills, Financial Management, Health and Wellness Programs, Nutrition & Food preparation, and Parenting Classes. Looking for creative ideas and leadership opportunities? Join the Floyd County Extension Homemakers. For information contact Andrea Johnson, Extension Agent for Family and Consumer Science at andrea.johnson2@uky.edu

Floyd Co. 4-H Wants You



The Floyd County 4-H program is looking for new volunteers. Maybe you enjoy *Committee and Council* work. The 4-H programs need our interests represented on county, district, and state councils. Also needed are people who communicate with local, state, and national legislators. Examples: Participating on the County 4-H Council; Mentioning concerns to our state representatives; Writing letters to legislators or you may like *Volunteering directly with young people*. We will fit you with what your interest lies in. The amount of time depends on your availability. Examples include: Leading 4-H Clubs; Teaching class at 4-H Camp or sponsoring a Community Club. If you would like more information on being a Council Member or Volunteer please contact: Heather J. Coleman, Floyd County 4-H Youth Development Agent at hnelson@uky.edu.

To file a complaint of discrimination, contact Rosemary Veach, UK College of Agriculture, Lexington, KY 40546, or Terry Allen, UK Affirmative Action Director, Lexington, KY 40546, or the Secretary of Agriculture, U.S. Department of Agriculture, Washington, D.C. 20250.